

Allergen information

All food is freshly prepared in our kitchens and whilst we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes however are not suitable for those with dairy & egg allergies.

	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree nuts	Cereals containing gluten	Sulphites	Celery	Mustard	Lupin	Molluscs
Bread														
Italian white bread							Y		Wheat					
Sesame (white bread with sesame seeds)					Y		Y	MC	Wheat					
Cheese Oregano (white bread with cheese oregano)			Y				Y		Wheat					
Honey Oat (wholegrain bread with honey and oat flakes)							Y		Wheat, Barley, Oat					
Wholegrain bread (whole wheat bread with seed mixture)							Y		Wheat, Barley					
Tortilla Wrap									Wheat					
Gluten free bread														
Meat, Poultry, Fish, Eggs & Plant-Based Proteins														
Pepperoni														
Salami														
Tuna mix	Y	Y												Y
Philly Beef							Y		Barley					
Chicken Breast														
Sliced Chicken														
Rotisserie-Style Chicken														
Chicken Teriyaki					Y		Y		Wheat					
Chicken Fajita									Wheat					
Chicken Tandoori									Barley					
Ham †														
BBQ Rib									Barley					Y
Bacon														
Spicy Vegan Patty							Y		Wheat		Y	MC		
Plant-based Chicken Teriyaki					Y		Y		Wheat		MC	MC		
Omelet	Y		Y											
Chicken Nacho Bites			MC				MC		Wheat					
Cheese & Vegetables														
American style processed cheese			Y											
Sliced mozzarella			Y											
Mozzarella & emmental mix			Y											
Cream cheese			Y											
Red cheddar			Y											
Parmesan			Y											
Vegan Slices														
Jalapeños										Y				
Olives														
Pickles														
Sunblush semi-dried tomatoes														
Caramelised red onions														
Sweetcorn														
Tomatoes, cucumbers, peppers, red onions														
Carrot, rocket, spinach														
Lettuce													MC	
Sauces & Condiments														
Vegan Hickory BBQ									Barley		Y			
Caesar	Y		Y				Y		Wheat					
Chipotle Southwest	Y												Y	
X-spicy Chipotle													Y	
Honey Mustard													Y	
Lite Mayonnaise	Y												Y	
Yoghurt			Y											
Hot Sauce														
Pesto			Y											
Salsa														Y
Sweet Onion														Y
Garlic & Herb (vegan)														Y
Truffle Sauce	Y													Y
Teriyaki Glaze					Y		Y		Wheat					
Balsamic vinegars										Y				
Olive oil														
Crispy Onions									Wheat					
Guacamole														
Salt/Pepper														
Chipotle Southwest Seasoning														
Potato Bites														
Nachos (Doritos® Nacho Cheese)			Y				MC		Wheat					
Waffle Fries									Wheat					
Footlong Sidekicks														
Footlong Cookie	Y		Y				Y	MC	Wheat					
Footlong Churro	Y		Y				Y		Wheat					
Chocolate Sauce							Y							
Cookies														
Double Chocolate Cookie (vegan)	MC		MC				Y	MC: Nuts	Wheat					
Chocolate Chunk Cookie	Y		Y				Y	MC: Nuts	Wheat					
Chocolate Chip with Rainbow Candy Cookie	Y		Y				Y	MC: Nuts	Wheat					
White Chip Macadamia Nut Cookie	Y		Y				Y	MC Macadamia	Wheat					
Blueberry Chesscake Cookie	Y		Y				Y	MC: Nuts	Wheat					
Carrot Cake Cookie	MC		Y				Y	MC Pecan	Wheat, Oat					
Drinks														
Drinks from dispenser														
Coffee / Tea			MC											
Cappuccino / Latte Macchiato / Milk coffee / Hot chocolate			Y											

* Assembled from pieces of meat.

Y = Allergen contained in the product

MC = May contain: The allergen is present at the manufacturing site of the ingredients and could contaminate the ingredient