Additives	ring	/es	ţ	nancers			ø.	ys .	source	laxative	
	Food colouring	Preservatives	Antioxidants	Flavour enhancers	Blackened	Waxed	Phosphates	Sweeteners	Phenylalin source	May have a laxative effect if consumed in excess	Caffeine
Bread											
Italian white bread											
Sesame (white bread with sesame seeds) Cheese Oregano (white bread with cheese oregano)										\vdash	
Honey Oat (wholegrain bread with honey and oat flakes)			х							\vdash	
Wholegrain bread (whole wheat bread with seed mixture)			x							\vdash	
Tortilla wrap							x				
Gluten free bread											
Meat, Poultry, Fish, Eggs & Plant-Based Proteins					1	1	1	1	1		
Pepperoni Salami		X X	x							\vdash	
Tuna mix		^	^							\vdash	
Philly Beef							х				
Chicken Breast				İ							
Sliced Chicken							х				
Rotisserie-Style Chicken							x			\sqcup	-
Chicken Teriyaki		х								\vdash	
Chicken Fajita Chicken Tandoori	x x									\vdash	$\overline{}$
Ham ‡	^	х	х	х			x				$\overline{}$
BBQ Rib		х	x				x				
Bacon		x					x				
Spicy Vegan Patty											
Plant-based Chicken Teriyaki		х								igwdown	$\overline{}$
Omelet Chialan Nacha Bitas										\vdash	
Chicken Nacho Bites Cheese & Vegetables											
American style processed cheese		ж									
Sliced mozzarella											
Mozzarella-Emmental-Mix											
Cream cheese										$oxed{oxed}$	
Red cheddar	x									\vdash	
Parmesan Vegan Slices										\vdash	
Jalapeños	х	х								\vdash	
Olives		^			х						
Pickles		х									
Sunblush semi-dried tomatoes											
Caramelised red onions		х								igwdown	\square
Lettuce, carrot, tomatoes, cucumbers, peppers, red onions, spinach, sweetcorn, rocket Sauces & Condiments											
Vegan Hickory BBQ		1									
Caesar											
Chipotle Southwest											
X-spicy Chipotle											
Chimichurri Sauce										igwdown	
Honey Mustard		1								\vdash	
Lite Mayonnaise Yoghurt						l 	 	 		\vdash	
Hot Sauce											
Pesto											
Salsa											
Sweet Onion										igsquare	
Garlic & Herb (vegan)		-								\vdash	
Truffle Sauce Teriyaki Glaze		х				-				++	
Balsamic vinegars		X	х							\vdash	
Olive oil			^								
Crispy Onions											
Guacamole											
Salt/Pepper										\sqcup	
Chipotle Southwest Seasoning										\vdash	
Potato Bites Waffle Fries	х									\vdash	
Nachos (Doritos ® Nacho Cheese)	х										
Footlong Sidekicks											
Footlong Cookie											
Footlong Churro							х			igsquare	
Chocolate Sauce		L									
Cookies Double Chocolate Cookie (vegan)											
Chocolate Chunk Cookie	 	+		 		-	-	 	 	\vdash	-
Chocolate Chink Cookie Chocolate Chip with Rainbow Candy Cookie	х			<u> </u>							
White Chip Macadamia Nut Cookie	x			<u> </u>							
Blueberry Cheescake Cookie	x										
Carrot Cake Cookie	х										
Drinks											
Drinks from dispenser Coffee / Tea	Х		X					X	х	$\vdash \vdash \vdash$	х
Cappuccino / Latte Macchiato / Milk coffee / Hot chocolate	1	1		<u> </u>					<u> </u>		-