## **ALLERGEN INFORMATION**

## **JANUARY** 2025

Symbol	Meaning
Υ	Ingredients suitable for vegetarian / vegan diet
X	Allergen contained in the ingredient
~	May Contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

All food is freshly prepared in our kitchens and, while we have controls	for	or a						T			С		con	tainin n	g				
in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or	Ingredient suitable for vegetarians	suitable f an diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	ıt				t	Sulphites	Celery	Mustard	Lupin
that it will be suitable for those with allergies. Our vegan items are made to vegan recipes. However, they are not suitable for those with dairy & egg allergies.	Ingredien	Ingredient suitable for vegan diet			Milk	a .	ŭ	Crus	0,	Tre	Wheat	Barley	Oat	Rye	Spelt	ns	0	W	_ ;
Bread Italian White Bread	V	-			~				V		V								
Wholegrain Bread	Ý	Ÿ			~				Ŷ		ŷ	Χ							
Hearty Italian Bread Italian Herb & Cheese Bread	Y	<u> </u>			X				X X		X								
Honey & Oat Bread	Ý				~				X		X	Χ	Χ						
Jalapeño Cheese Bread Gluten-Free Bread*	Y	V			X				X		Х					X			
Plain Tortilla Wrap	Ý	Ý									Χ								
Meat, Poultry, Fish, Eggs & Plant-Based Proteins Roast Chicken Breast Strips/Ham‡/Turkey Breast‡																			
Bacon/Pepperoni/Salami																			
Chicken Tikka Rotisserie-Style Chicken					X						X								
Nacho Chicken Bites					~				~		X								
Meatballs (in Marinara Sauce)					X						X								
Meatballs (in BBQ Sauce) Breakfast Sausage Patty					X						X							X	
Philly Steak <sup>‡</sup>											^	Χ							
Taco Beef			V	X			-	$-\mathbb{T}$	$-\mathbb{I}$		X							X	
Tuna (with Lite Mayonnaise) Poached Egg	Υ		X	۸														A	
Plant-Based Steak	Ý	Y							χ̈́		X						~	~	
Plant Patty Cheese & Vegetables	Y	Y							Χ		X						X	~	
American Sliced Cheese	Υ				X X														
Shredded Mozzarella & Cheddar Cheese/Mozzarella	A.				Ϋ́														
Monterey Jack Cheddar Slices/Peppered Cheese Brie	Y				X														
Vegan CheeZe	Ý	Y														\ /			
<u>Jalapeños</u> Lettuce/Cucumber/Mixed Peppers/Tomato	Y	₩.														Χ			
Onion/Pickles/Sweetcorn/Olives	Ý	Ý																	
Sauces & Condiments BBQ Sauce	V																	V	
HP Brown Sauce	Ý											Χ		Χ				^	
Chipotle Southwest Sauce	Å		X															X	
Extra-Spicy Chipotle Lite Mayonnaise	Y		X															X	
Garlic & Herb Sauce	Ÿ	V																Ŷ	
		L.					_											/\	
Teriyaki Sauce	Ŷ	Ŷ							Χ									\ \	
Teriyaki Sauce Sweet Onion Sauce Tomato Ketchup	Y Y Y	Y							X								X	X	
Sweet Onion Sauce Tomato Ketchup Caesar Sauce	Y Y Y Y	Y	X		X				X								X	X	
Sweet Onion Sauce Tomato Ketchup Caesar Sauce Marinara Sauce/Salsa/Garlic-Infused Oil	Y Y Y Y Y	Y Y Y	X		X				۸								X	X	
Sweet Onion Sauce Tomato Ketchup Caesar Sauce Marinara Sauce/Salsa/Garlic-Infused Oil Caramelised Red Onion in Balsamic Vinegar Guacamole	Y Y Y Y Y	Y	X		X				۸								X	X	
Sweet Onion Sauce Tomato Ketchup Caesar Sauce Marinara Sauce/Salsa/Garlic-Infused Oil Caramelised Red Onion in Balsamic Vinegar Guacamole Mango Habanero Sauce	Y Y Y Y Y Y	Y Y Y Y Y Y	X		X				۸								X	X	
Sweet Onion Sauce Tomato Ketchup Caesar Sauce Marinara Sauce/Salsa/Garlic-Infused Oil Caramelised Red Onion in Balsamic Vinegar Guacamole Mango Habanero Sauce Chimichurri Sauce Crispy Onions	Y Y Y Y Y Y Y	Y	X		X				۸		X						X	X	
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Our vegan ingredients may come into contact with non-vegan ingredients.

Our Gluten-Free Bread is manufactured in a gluten-free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare your meal.

## ALLERGEN JANUARY 2025

Symbol	Meaning
Υ	Ingredients suitable for vegetarian / vegan diet
Х	Allergen contained in the ingredient
~	May Contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

	All food is freshly prepared in our kitchens and, while we have controls in place to minimise cross-contamination,	for	or a						T			С		s con glute	taining n	'				
ALL MEATS ARE HALAL	many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies.  Our vegan items are made to vegan recipes, however,	Ingredient suitable for vedetarians	Ingredient suitable for a	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Wheat	Barley	Oat		Spelt	Sulphites	Celeny	Mustard	Lupin
	they are not suitable for those with dairy & egg allergies.	lbul	Ingre																	
Bread Italian White Br		Y	Ÿ			~				X X		X	V							
Wholegrain Bre Hearty Italian B	read	Ý	Y			~				X		X	Х							
Italian Herb & C Honey & Oat Br	Cheese Bread read	Y				X ~				X		X	X	X						
Jalapeño Chees Gluten-Free Bre		Ý	V			Χ				X		X					Χ			
Plain Tortilla Wi	rap	Ý	Ý									Χ								
	gs & Plant-Based Proteins cken Breast Strips/Halal Turkey Ham‡/Halal Turkey Breast‡																			
	shers‡/Halal Pepperoni (Beef)/Halal Salami (Beef)																			
Halal Chicken T	Γikka					Χ						X								
Halal Nacho Ch	nicken Bites tballs (in Marinara Sauce)					×				X		X X X								
Halal Beef Mea	tballs (in BBQ Sauce) Turkey‡ Sausage Patty					X						X							X	
Halal Philly Stea													X							
Halal Taco Beet Tuna (with Lite				V	Χ							X							X	
Poached Egg		Υ		Ŷ															^	
Plant-Based Ste	eak	Y	Y							X		X							~	
Cheese & Vege										^								^	~	
American Slice	d Cheese zarella & Cheddar Cheese/Mozzarella	Y				X														
Monterey Jack	Cheddar Slices/Peppered Cheese	Ÿ				Ŷ														
Brie Vegan CheeZe		Y	V			Χ														
Jalapeños		Ý	Ý														Χ			
Lettuce/Cucum	nber/Mixed Peppers/Tomato Sweetcorn/Olives	Y	Y																	
Sauces & Cond																				
BBQ Sauce HP Brown Sauc	20	Y											X		Χ				X	
Chipotle South	west Sauce/Extra-Spicy Chipotle	Ý		X									^		^				X	
Lite Mayonnais Garlic & Herb S		Y	V	Х															X	
Teriyaki Sauce		Ý	Ý							X									^	
Sweet Onion Sa Tomato Ketchu		Y	Y															X	Х	
Caesar Sauce		Ý		Χ		Χ				Χ								^		
	e/Salsa/Garlic-Infused Oil ed Onion in Balsamic Vinegar	Y	¥																	
Guacamole		Ý	Ý																	
Mango Habane Chimichurri Sa		Y	Υ																	
Crispy Onions		Ý	Y									Χ								
Sea Salt/Mixed Desserts	Peppercorns/Southwest Seasoning	Y	L Y																	
Footlong Cook		Ŷ		X		X				X	~	X								
Footlong Churr Caramel Sauce		Ý		Х		X			-	Х		X								
Footlong Ginge	erbread Cookie	Ý				Χ				V	~	X								
Hazelnut Cooki Chocolate Chu		Y		X		X				X	~ Hazelnut	X								
White Macadar		Ý		X		X				X	~ Macadamia	X								
Double Chocol	olate Chip Cookie ate Cookie	Y	Υ	X ~		~				X X	~	X X X								
Raspberry Che	escake Cookie	Ý		Ŷ		Ŷ				ΧΙ	~	Ŷ								
Oreo® Muffin Sugared Donut	:/Chocolate Donut	Y		X		X				X X	~	X								
Snacks & Sides		V		ı		V														
	os (Doritos® Lightly Salted Tortilla Chips)	Y				X				~		X	~ ~							
Doritos® Nacho	os (Doritos® Tangy Cheese Tortilla Chips)	Υ		1 -		X				Χ		X	~							
Doritos® Nacho Doritos® Nacho Doritos® Nacho	os (Doritos® Chilli Heatwave Tortilla Chips)	Å.				V	- 1					v				- 1			- 1	
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites	os (Doritos® Chilli Heatwave Tortilla Chips) sy Bites	Ý Y Y				X						X								
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, O	os (Doritos® Chilli Heatwave Tortilla Chips) sy Bites	Ý	Y			X						Х								
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks	os (Doritos® Chilli Heatwave Tortilla Chips) sy Bites Crinkle Wedges	Y Y Y Y	Y			X						X								
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Coff	es (Doritos® Chilli Heatwave Tortilla Chips) sy Bites Crinkle Wedges ee Syrups: Vanilla, Caramel, Chocolate	Y Y Y Y	Y			X					Hazalnut	Х								
Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Coff Flavoured Coff Flavoured Coff	ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb	Y Y Y Y Y				X					Hazelnut	Х								
Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Cofff Flavoured Coff Flavoured Coff Black Coffee/B	es (Doritos® Chilli Heatwave Tortilla Chips) sy Bites  Crinkle Wedges  ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb lack Tea	Y Y Y Y	Y			XXX					Hazelnut	Х								
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Coff Flavoured Coff Flavoured Coff Black Coffee/B Cappuccino/La Hot Chocolate/	es (Doritos® Chilli Heatwave Tortilla Chips) sy Bites  Crinkle Wedges  ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb lack Tea atte/Coffee with Milk/Tea with Milk //Chocolate Sprinkles (for Cappuccino)	Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y				X X X X					Hazelnut	Х								
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Coff Flavoured Coff Flavoured Coff Black Coffee/B Cappuccino/La Hot Chocolate, Fountain Drinks	ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb lack Tea atte/Coffee with Milk/Tea with Milk //Chocolate Sprinkles (for Cappuccino) s: Robinsons® Apple & Blackcurrant	Y Y Y Y Y Y				Χ					Hazelnut	Х					X			
Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Coff Flavoured Coff Black Coffee/B Cappuccino/La Hot Chocolate/ Fountain Drinks Although every care	ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb lack Tea atte/Coffee with Milk/Tea with Milk //Chocolate Sprinkles (for Cappuccino) s: Robinsons® Apple & Blackcurrant s: Other has been taken to remove bones from our meat and fish ingredients, some may remain.	Y Y Y Y Y Y				Χ					Hazeinut	Х					X			
Doritos® Nacho Doritos® Nacho Doritos® Nacho Chipotle Chees Cheesy Bites Hash Browns, C Waffle Fries Drinks Flavoured Cofff Flavoured Cofff Black Coffee/B Cappuccino/La Hot Chocolate/ Fountain Drinks Although every care	ee Syrups: Vanilla, Caramel, Chocolate ee Syrups: Hazelnut ee Syrups: Honeycomb lack Tea atte/Coffee with Milk/Tea with Milk //Chocolate Sprinkles (for Cappuccino) s: Robinsons® Apple & Blackcurrant s: Other	Y Y Y Y Y Y				Χ					Hazelnut	Х					X			

\*Our Gluten-Free Bread is manufactured in a gluten-free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare

Our vegan ingredients may come into contact with non-vegan ingredients.

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