

ALLERGEN INFORMATION

JANUARY 2025

Symbol	Meaning
Y	Ingredients suitable for vegetarian / vegan diet
X	Allergen contained in the ingredient
~	May Contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

All food is freshly prepared in our kitchens and, while we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes. However, they are not suitable for those with dairy & egg allergies.

	Ingredient suitable for vegetarians	Ingredient suitable for a vegan diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten					Sulphites	Celery	Mustard	Lupin	Molluscs	
											Wheat	Barley	Oat	Rye	Spelt						
Bread																					
Italian White Bread	Y	Y			~				X		X										
Wholegrain Bread	Y	Y			~				X		X	X									
Hearty Italian Bread	Y	Y			~				X		X	X									
Italian Herb & Cheese Bread	Y				X				X		X	X									
Honey & Oat Bread	Y				~				X		X	X	X								
Jalapeño Cheese Bread	Y				X				X		X	X			X						
Gluten-Free Bread*	Y	Y																			
Plain Tortilla Wrap	Y	Y									X										
Meat, Poultry, Fish, Eggs & Plant-Based Proteins																					
Roast Chicken Breast Strips/Ham*/Turkey Breast†																					
Bacon/Pepperoni/Salami																					
Chicken Tikka					X										X						
Rotisserie-Style Chicken					X										X						
Nacho Chicken Bites					~			~							X						
Meatballs (in Marinara Sauce)					X				~						X						
Meatballs (in BBQ Sauce)					X										X				X		
Breakfast Sausage Patty															X						
Philly Steak†															X						
Taco Beef															X						
Tuna (with Lite Mayonnaise)			X	X															X		
Poached Egg	Y		X																		
Plant-Based Steak	Y	Y							X						X			~	~		
Plant Patty	Y	Y							X						X			X	~		
Cheese & Vegetables																					
American Sliced Cheese	Y				X																
Shredded Mozzarella & Cheddar Cheese/Mozzarella	Y				X																
Monterey Jack Cheddar Slices/Peppered Cheese	Y				X																
Brie	Y				X																
Vegan CheeZe	Y	Y															X				
Jalapeños	Y	Y															X				
Lettuce/Cucumber/Mixed Peppers/Tomato	Y	Y																			
Onion/Pickles/Sweetcorn/Olives	Y	Y																			
Sauces & Condiments																					
BBQ Sauce	Y																			X	
HP Brown Sauce	Y														X		X				
Chipotle Southwest Sauce	Y		X																	X	
Extra-Spicy Chipotle	Y																			X	
Lite Mayonnaise	Y		X																	X	
Garlic & Herb Sauce	Y	Y																		X	
Teriyaki Sauce	Y	Y						X												X	
Sweet Onion Sauce	Y	Y																		X	
Tomato Ketchup	Y	Y															X				
Caesar Sauce	Y		X		X			X													
Marinara Sauce/Salsa/Garlic-Infused Oil	Y	Y																			
Caramelised Red Onion in Balsamic Vinegar	Y	Y																			
Guacamole	Y	Y																			
Mango Habanero Sauce	Y	Y																			
Chimichurri Sauce	Y	Y																			
Crispy Onions	Y	Y													X						
Sea Salt/Mixed Peppercorns/Southwest Seasoning	Y	Y																			
Desserts																					
Footlong Cookie	Y		X		X				X	~					X						
Footlong Churro	Y		X		X				X						X						
Caramel Sauce	Y				X																
Footlong Gingerbread Cookie	Y				X										X						
Hazelnut Cookie	Y		~		X				X	~	Hazelnut				X						
Chocolate Chunk Cookie	Y		X		X				X	~					X						
White Macadamia Cookie	Y		X		X				X	~	Macadamia				X						
Rainbow Chocolate Chip Cookie	Y		X		X				X	~					X						
Double Chocolate Cookie	Y	Y	~		~				X	~					X						
Raspberry Cheesecake Cookie	Y		X		X				X	~					X						
Oreo® Muffin	Y		X		X				X	~					X						
Sugared Donut/Chocolate Donut	Y		~		X				X	~					X						
Snacks & Sides																					
Doritos® Nachos (Doritos® Lightly Salted Tortilla Chips)	Y				X			~			~	~									
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)	Y				X			~			X	~									
Doritos® Nachos (Doritos® Chilli Heatwave Tortilla Chips)	Y				X			X			X	~									
Cheesy Bites	Y				X						X				X						
Chipotle Cheesy Bites	Y				X						X				X						
Hash Browns, Crinkle Wedges	Y	Y																			
Waffle Fries	Y	Y													X						
Drinks																					
Flavoured Coffee Syrups: Vanilla, Caramel, Chocolate	Y	Y																			
Flavoured Coffee Syrups: Hazelnut	Y	Y									Hazelnut										
Flavoured Coffee Syrups: Honeycomb	Y	Y																			
Black Coffee/Black Tea	Y	Y			~																
Cappuccino/Latte/Coffee with Milk/Tea with Milk	Y				X																
Hot Chocolate/Chocolate Sprinkles (for Cappuccino)	Y				X																
Fountain Drinks: Robinsons® Apple & Blackcurrant	Y	Y															X				
Fountain Drinks: Other	Y	Y																			

Although every care has been taken to remove bones from our meat and fish ingredients some may remain.

Although extra care has been taken to remove all olive stones, some may remain.

†Formed meat.

Our vegan ingredients may come into contact with non-vegan ingredients.

*Our Gluten-Free Bread is manufactured in a gluten-free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare your meal.

