



*This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.*

## BREADS

**ARTISAN ITALIAN (WHITE) BREAD:** Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil. **Contains Wheat, Soy.**

**FLATBREAD, ARTISAN:** Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, sugar, salt, cultured wheat flour, vinegar, oat bran, oat fiber, enzymes. **Contains Wheat. May contain Milk.**

**HEARTY MULTIGRAIN:** Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Whole wheat flour, Yeast, Wheat gluten, Sugar, Rye flour, Contains 2% or less of: Rye sourdough (water, fermented rye flour), Salt, Soybean oil, Brown sugar, Whole oat groats, Sunflower seeds, Millet seed, Flax seed, Dried molasses with wheat starch, Soy lecithin, Cracked wheat, Ascorbic acid, Enzymes. **Contains Wheat, Soy.**

**ITALIAN HERBS & CHEESE BREAD:** Subway® Artisan Italian Bread [Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil]. **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)]. **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor & Not More than 2% Silicon Dioxide Added (as Anticaking Agent).] **Contains: Milk, Soy, Wheat.**

**WRAP, SPINACH:** Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic acid), Water, Palm Oil and Fractioned Palm

oil, Cultured Wheat Flour, Contains less than 2% of: Dehydrated Spinach, Wheat gluten, Salt, Corn Starch, Wheat flour, Baking Soda, Mono- and Diglycerides, Natural Flavor, Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Potassium Sorbate Preservative, Vinegar, Fumaric Acid, Guar Gum, Monocalcium Phosphate, Enzymes, Soybean oil. **Contains Wheat & Soy.**

**WRAP, TOMATO BASIL:** Enriched Flour (Wheat Flour, Niacin, Reduced iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic acid), Water, Palm Oil and fractionated palm oil, Cultured Wheat flour, Contains less than 2% of: Salt, Wheat gluten, Vegetable Puree Blend (Garlic, Basil, Natural Flavors), Corn Starch, Baking soda, Mono- and diglycerides, Palm Oil, Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Autolyzed Yeast Extract, Sun-Dried Tomatoes, Potassium Sorbate preservative, Vinegar, Fumaric Acid, Tomato Lycopene Extract Color, Guar Gum, Monocalcium Phosphate, Xanthan Gum, Enzyme, soybean oil. **Contains Wheat & Soy.**

## **MEAT, POULTRY, SEAFOOD & EGGS**

**BACON:** Pork, Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite

**CHICKEN PATTY, OVEN ROASTED:** Chicken breast with rib meat, water, chicken flavor (sea salt, sugar, chicken stock, salt, flavors, canola oil, onion powder, garlic powder, spice, chicken fat, honey), contains 2% or less of potato starch, sodium phosphate, dextrose, carrageenan.

**CHICKEN, GRILLED:** Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth. **Contains Soy.**

**EGG:** Whole Egg, Citric Acid, 0.15% Water Added As A Carrier For Citric Acid, Citric Acid Added to Preserve Color. **Contains: Egg.**

**HAM (Black Forest):** Ham, water, dextrose, 2% or less of, modified cornstarch, salt, vinegar, sodium phosphates, natural smoke flavor, sodium erythorbate, sodium nitrite.

**ITALIAN B.M.T.® MEATS: Sliced Genoa Salami:** Pork, Beef, Salt, contains 2% or less of Water, Corn Syrup, Dextrose, Sugar, Flavorings, Wine, Sodium Erythorbate, Sodium Nitrate, Spices, Garlic, Lactic Acid Starter Culture, Sodium Nitrite. **Pepperoni:** Pork, Beef, Salt, contains 2% or less of Water, Spices, Dextrose, Corn Syrup, Flavorings, Paprika, Oleoresin of Paprika, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite. **Ham (Black Forest):** Ham, water, dextrose, 2% or less of, modified cornstarch, salt, vinegar, sodium phosphates, natural smoke flavor, sodium erythorbate, sodium nitrite.

**MEATBALLS:** Beef, water, bread crumbs [toasted wheat crumbs (enriched wheat flour {wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, sugar, salt, soybean oil, yeast)], textured soy protein concentrate, seasoning (dehydrated onion and garlic, salt, spice, dehydrated parsley, soybean oil), soy

protein concentrate, Romano cheese (made from pasteurized part-skim cows milk, cheese cultures, salt, enzymes). **Marinara Sauce** [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid]. **Contains Milk, Soy, Wheat.**

**ROTISSERIE-STYLE CHICKEN:** Chicken, Water, Contains 2% Or Less of: Salt, Soybean Oil, Dextrose, Seasoning (Flavoring, Acacia Gum, Onion Powder), Sodium Phosphate, Spice Extractives. Seared in Soybean Oil and /or Sunflower Oil.

**SAUSAGE, BREAKFAST:** Pork, Turkey, Water, Salt, Spices, Corn Syrup Solids, Dextrose, Spice Extractives.

**STEAK:** Beef, Water, Contains 2% or Less of Salt, Modified Corn Starch, Dextrose, Sodium Phosphate, Dried Tomato, Yeast Extract, Caramelized Sugar, Onion Powder, Garlic Powder, Natural Beef Type Flavor (Natural Flavor, Autolyzed Yeast, Disodium Inosinate, Disodium Guanylate), Ascorbic Acid, Beet Juice Red, Corn Maltodextrin, Citric Acid, Hydrolyzed Corn Protein, Flavoring, Potato Maltodextrin, Red Cabbage Concentrate (for Color), Turmeric (for Color), Soybean Oil

**TUNA SALAD:** Flaked Tuna in Brine (tuna, water, salt), **Mayonnaise** (soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor). **Contains: Eggs, Fish.**

**TURKEY BREAST, OVEN ROASTED:** Turkey breast, water, seasoning (modified corn starch, dextrose, salt, carrageenan, flavorings), contains less than 2% potassium and sodium phosphate, propionic acid, turkey flavor, maltodextrin and enzyme. Browned in soybean oil.

**VEGGIE PATTY:** Carrots, Onions, Green Beans, Oat Bran, Expeller Pressed Canola Oil, Zucchini, Soybeans, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Bell Peppers, Arrowroot Powder, Garlic, Corn Starch, Corn Meal, Salt, Methyl Cellulose, Parsley, Black Pepper. **Contains: Soy**

## **CHEESE**

**AMERICAN CHEESE:** Milk, water, cream, sodium citrate, salt, cheese culture, sorbic acid (preservative), citric acid, enzymes, soy lecithin. **Contains soy and milk.**

**MONTEREY & CHEDDAR CHEESE BLEND (shredded):** Monterey Jack Cheese [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)]. **Contains Milk**

**MOZZARELLA, SHREDDED:** Low-moisture Mozzarella Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor). **Contains: Milk**

**PARMESAN CHEESE:** Parmesan cheese (cultured pasteurized part-skim milk, salt,

enzymes), powdered cellulose (added to prevent caking), salt, potassium sorbate (preservative). **Contains: Milk.**

**SWISS CHEESE (Sliced):** Part-Skim Milk, Cheese Culture, Salt, Enzymes. Aged Over 60 Days. **Contains: Milk**

## VEGETABLES

**BANANA PEPPERS:** Banana Peppers, Water, Distilled Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Sodium Metabisulfite (preservative), Polysorbate 80, Turmeric, and Natural Flavors. **Contains: Sulfites.**

**BLACK OLIVES:** Ripe olives, water, salt, ferrous gluconate.

**CUCUMBERS:** Cucumber.

**GREEN PEPPERS:** Green bell peppers.

**JALAPEÑO PEPPER SLICES:** Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative). **Contains: Sulfites.**

**LETTUCE:** Fresh iceberg variety.

**ONIONS:** Red onions.

**PICKLES, CRINKLE:** Cucumbers, water, distilled vinegar, salt, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, turmeric.

**SMASHED AVOCADO:** Hass Avocados, Sea Salt.

**SPINACH:** Fresh baby spinach.

**TOMATOES:** Red tomatoes.

## CONDIMENTS, SAUCES & SEASONINGS

**ALFREDO:** Cream, Skim Milk, Water, Parmesan and Asiago Cheese Blend with Flavor (Parmesan and Asiago Cheeses [cultured milk, salt, enzymes], Enzyme Modified Parmesan cheese [cultured milk, water, salt, enzymes], Whey, Salt), Soybean oil, Canola oil, 2% or less of Modified Cornstarch, Salt, Romano Cheese made from Cow's Milk (Cultured Milk, Salt, Enzymes), Lactose, Spice, Xanthan Gum, DATEM, Mono- and Diglycerides, Seasonings (cornstarch, extractives of turmeric and annatto, natural flavor), Seasoning (Maltodextrin, Flavor, Enzyme modified butterfat). **Contains: Milk**

**BAJA CHIPOTLE SOUTHWEST SAUCE:** Soybean oil, water, cultured low-fat buttermilk, chipotle pepper sauce concentrate (chipotle pepper puree [water, chipotle pepper], water, distilled vinegar, sugar, salt, onion powder), distilled vinegar, egg yolks, sugar, salt, contains less than 2% of: guajillo pepper, natural flavors,

paprika, spices, dehydrated garlic, xanthan gum, lime juice concentrate, lactic acid, dehydrated onion, sodium benzoate and potassium sorbate (as preservatives), natural smoke flavor, dehydrated parsley, citric acid, calcium disodium EDTA (added to protect flavor). **Contains: Milk, Egg**

**BARBEQUE SAUCE:** Sugar, Tomato Paste, Distilled Vinegar, Water, Corn Syrup, Molasses, Salt, Pineapple Juice Concentrate, Mustard Bran, Spices, Natural Flavor (Including hickory smoke), Celery seed, Onion Powder, Sodium Benzoate (as preservative), Garlic Powder & Paprika Oleoresin (Color).

**BUTTER** Liquid and hydrogenated soybean oil, contains less than 2% of salt, sunflower lecithin, natural flavor, beta carotene (color).

**Hard Spec - "Phase Liquid Butter"**

**HONEY MUSTARD SAUCE:** Creole mustard (distilled vinegar, water, brown mustard seed, salt, xanthan gum), Honey, Water, Soybean oil, Sugar, Distilled vinegar, Liquid egg yolks, Contains less than 2% of Salt, Mustard seed, Xanthan gum, Natural flavour, Molasses, Sodium Benzoate and Potassium Sorbate (as preservatives), Natural smoke flavour, Calcium Disodium EDTA (added to protect flavour). **Contains: Egg, Mustard**

**KETCHUP:** Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, Sugar, Salt, Onion Powder, Spices, Natural Flavoring.

**MAYONNAISE, REGULAR:** Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor. **Contains: Eggs.**

**MAYOKETCHUP:** Mayonnaise [Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor] **Ketchup** [Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, Sugar, Salt, Onion Powder, Spices, Natural Flavoring] **Red Wine Vinegar** [Red Wine Vinegar Reduced With Water To 5% Acidity, Naturally occurring trace amounts of sulfite], **Black Pepper** [Black Pepper] **Contains Eggs, Sulfites**

**MONGOLIAN SAUCE:** Sweet onion sauce [Sugar, Water, Corn Vinegar, Dehydrated Onion, Corn Starch, Modified Corn Starch, Salt, Mustard Seed, Spices, Onion Juice, Potassium Sorbate (A Preservative), Sodium Benzoate (A Preservative), Dehydrated Red Bell Pepper, Dimethylpolysiloxane, An Anti-Foaming Agent, Cucumber Juice, Vinegar, Celery Seed], **Teriyaki Glaze** [water, corn syrup, soy sauce (water, wheat, soybean, salt, sodium benzoate [a preservative]), rice vinegar, modified corn starch, sugar, tomato paste, ginger, vinegar, garlic, sesame oil, sesame seed, salt, dehydrated green onion, dehydrated red bell pepper, natural flavours, autolyzed yeast extract, dehydrated garlic, sodium benzoate (a preservative), spices, citric acid, soybean oil, dry yeast (torula), dehydrated onion], **Red Wine Vinegar** [Reduced With Water To 5% Acidity, Naturally occurring trace amounts of sulfite]. **Contains Soy, Sesame, Sulfites**

**MUSTARD (Yellow):** Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors and Garlic Powder. **Contains Mustard**

**OIL BLEND:** Canola oil, imported extra virgin olive oil.

**PEPPERCORN RANCH SAUCE:** Soybean oil, water, cultured low-fat buttermilk, distilled vinegar, egg yolks, sugar, contains less than 2% of: salt, buttermilk, natural flavors, spice, lactic acid, dehydrated garlic, sodium benzoate and potassium sorbate (as preservatives), xanthan gum, dehydrated parsley, dehydrated onion, calcium disodium EDTA (added to protect flavor). **Contains: Milk, Egg**

**PEPPER, BLACK:** Black Pepper

**PINK SAUCE:** **Marinara Sauce** [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid]. **Alfredo** [Cream, Skim Milk, Water, Parmesan and Asiago Cheese Blend with Flavor (Parmesan and Asiago Cheeses [cultured milk, salt, enzymes], Enzyme Modified Parmesan cheese [cultured milk, water, salt, enzymes], Whey, Salt), Soybean oil, Canola oil, 2% or less of Modified Cornstarch, Salt, Romano Cheese made from Cow's Milk (Cultured Milk, Salt, Enzymes), Lactose, Spice, Xanthan Gum, DATEM, Mono- and Diglycerides, Seasonings (cornstarch, extractives of turmeric and annatto, natural flavor), Seasoning (Maltodextrin, Flavor, Enzyme modified butterfat)]. **Contains: Milk**

**RED WINE VINEGAR:** Red Wine Vinegar Reduced With Water To 5% Acidity, Naturally occurring trace amounts of sulfite. **Contains Sulfites**

**SALT:** Salt

**SWEET ONION SAUCE:** Sugar, Water, Corn Vinegar, Dehydrated Onion, Corn Starch, Modified Corn Starch, Salt, Mustard Seed, Spices, Onion Juice, Potassium Sorbate (A Preservative), Sodium Benzoate (A Preservative), Dehydrated Red Bell Pepper, Dimethylpolysiloxane, An Anti-Foaming Agent, Cucumber Juice, Vinegar, Celery Seed. **Contains Mustard**

## **PIZZA**

**CHEESE PIZZA:** **Crust** (Enriched Unbleached wheat flour [Wheat flour, Malted barley flour, Ascorbic acid added as a dough conditioner, niacin, reduced iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Soybean Oil, Contains less than 2% of: Yeast, Extra virgin Olive oil, Salt, Leavening [Sodium acid pyrophosphate, Baking soda, Monocalcium phosphate], to preserve freshness [calcium phosphate]) **Pizza Sauce** (Tomato Puree [Tomato Paste, Water], Tomatoes [Tomatoes, Tomato Juice, Citric Acid]. Contains 2% or Less of: Salt, Sugar, Spices, Garlic Powder, Citric Acid) **Mozzarella Cheese** (Low Moisture Mozzarella Cheese [Milk and Skim Milk, Cultures, Salt, Enzymes], Muenster Cheese [Milk and Skim Milk, Cultures, Salt, Enzymes], Modified Food Starch, Cellulose [Added to Prevent Caking], Provolone Cheese [Milk and Skim Milk, Cultures, Salt, Enzymes], Natural Flavor. **Contains Milk, Soy, Wheat.**

## **PASTA**

**FETTUCCHINI** Water, enriched durum semolina (durum semolina wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid). **Contains Wheat.**

**PENNE** Water, enriched durum semolina (durum semolina wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid). **Contains Wheat.**

**TRI-COLOR ROTINI** Water, enriched durum semolina (durum semolina wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), dehydrated spinach, tomato solids. **Contains Wheat**

**WHOLE WHEAT PENNE:** Water, Whole Wheat Durum Flour. **Contains Wheat**

## COOKIES & SIDES

**CHOCOLATE CHIP:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), palm and butter blend (palm oil, butter [cream {milk}, salt], water, salt, Contains 2% or less of: natural flavor [milk], beta carotene [color], vitamin a palmitate), eggs, contains 2% or less of: pre-gelatinized wheat starch, molasses, water, baking soda, soy lecithin, natural flavor. **Contains Egg, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

**OATMEAL RAISIN:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, raisins, palm oil, rolled oats, eggs, water, contains 2% or less of: molasses, natural flavor, whey (milk), baking soda, salt, spice. **Contains Egg, Milk, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

**RASPBERRY CHEESECAKE:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, white confectionery chips (sugar, fractionated palm kernel and/or palm oil, nonfat milk, soy lecithin, natural flavor), palm oil, eggs, raspberry flavored bits (dextrose, palm oil, sugar, corn flour, color (Beet, watermelon and huito juice), raspberry powder, citric acid, natural flavor), water, invert sugar, contains 2% or less of: cream cheese (milk, culture, salt, carob bean gum, enzyme), baking soda, salt, non fat dry milk, pre-gelatinized wheat starch, soy lecithin, color (pumpkin concentrate), Raspberry juice concentrate, natural flavor. **Contains egg, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut containing cookies.)*

**WHITE CHIP MACADAMIA NUT:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil and butter blend (palm oil, butter (cream {milk}, salt), water, salt, Contains less than 2% of: Natural flavor [Milk], beta carotene [color], vitamin A palmitate), white confectionery chips (sugar, fractionated palm kernel and/or palm oil, nonfat milk, soy lecithin, natural flavor), macadamia nuts, eggs, Contains 2% or less of: pre-gelatinized wheat starch, molasses, baking soda, soy lecithin, salt, natural flavor. **Contains Eggs, Macadamia nuts (tree nuts), Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with peanut-containing cookie).*

**PUFF PASTRY, CREAM CHEESE:** Dough: Enriched Bleached Wheat Flour (wheat

flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), Margarine (vegetable oils, water, salt, mono and diglycerides of fatty acids (emulsifiers), potassium sorbate (preservative), citric acid (synergist), natural and artificial flavors, TBHQ, and/or, BHT (antioxidants), beta carotene), water, Iodized Salt, Wheat Gluten, Dough Improver (wheat flour, salt, soybean oil, l-cysteine, ascorbic acid, enzymes), Calcium Propionate (preservative). **Filling:** Cream Cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan, and/or, carob, and/or, guar gum)), Sugar, Corn Starch. **Contains: Wheat, Soy, Milk**

**HASHBROWNS** Potatoes, Vegetable Oil (Canola, Palm), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

**WAFFLE CUT POTATOES:** Potatoes, Vegetable Oil (Soybean, Canola, And/Or Cottonseed Oils), Food Starch-Modified, Contains Less than 2% of Corn Starch, Dextrin, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Rice Flour, Salt, Sugar, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (To Maintain Natural Color)

## SOUPS

*(Not available in all locations)*

**BROCCOLI & CHEDDAR** Water, Broccoli, Process Cheese Base (American Cheese [Cultured Milk, Salt, Enzymes], Whey, Cream, Sodium Phosphate, Salt, Lactic Acid, Color [Paprika & Annatto]), Modified Corn Starch, Carrots, Whipping Cream (Cream, Milk), Seasoning (Corn Syrup Solids, Sugar, Sodium Tripolyphosphate, Garlic Powder, Onion Powder, Cheddar Cheese Powder [Cultured Milk, Salt, Enzymes], Yeast Extract, Modified Corn Starch, Maltodextrin, Salt, Spice, Calcium Silicate, Natural Flavor, Sodium Phosphate), Skim Milk (Vitamin A Palmitate and Vitamin D3 added), Dry Cream (Whole Milk, Cream), Sea Salt, Cheddar Cheese Ingredient (Cheddar, Granular, Semi-Soft and Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Salted Butter (Cream, Salt), Soybean Oil, Natural Flavor. **Contains: Milk**

**CHICKEN NOODLE:** Water, Fully Cooked Seasoned Chicken Pieces (Chicken Breast with Rib Meat, Chicken Thigh Meat, Water, Rice Starch, Salt), Carrots, Noodles (Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Green Cabbage, Celery, Seasoning (Corn Starch, Sugar, Spice, Xanthan Gum, Guar Gum, Turmeric Extractives [for color]), Wheat Flour, Chicken Stock Plus (Chicken Stock, Flavor), Unsalted Butter (Cream, Natural Flavors), Sea Salt, Chicken Flavor Concentrate (Chicken, Yeast Extract, Salt, Flavoring), Parsley, Umami Flavor (Umami and Natural Flavors), Green Onion Flavor (Green Onion, Natural Flavors and Mixed Tocopherols), Tomato Flavor (Tomato and Natural Flavor). **Contains: Egg, Milk, Wheat**

**LOADED BAKED POTATO WITH BACON** Water, Potatoes (Potatoes, Sodium Acid Pyrophosphate [to maintain natural color]), Whole Milk (Milk, Vitamin D3), Whipping Cream (Cream, Milk), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Onions, Seasoning (Modified Corn Starch, Salt, Wheat Flour, Sugar, Flavor [Yeast Extract, Canola Oil], Whey, Flavor [Medium Chain Triglycerides, Natural Flavor, Smoke Flavor], Spice, Soybean Oil [processing aid]), Bacon Topping (Bacon [Cured With Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May Also Contain Dextrose, Flavoring, Honey,



Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate]), Green Onions, Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [Added to Prevent Caking], Salt), Canola Oil, Chicken Stock Plus (Chicken Stock, Flavor), Cheese (Parmesan Type) (Granular and Parmesan Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Salt, Lactic Acid, Citric Acid), Pepper Sauce (Distilled Vinegar, Red Pepper, Salt). **Contains Milk, Wheat**

**PLANTAIN:** Water, onion, cubanella pepper, recao, cilantro, garlic, salt, plantain, seasoning (garlic, onion, salt, oregano, cumin, cilantro, laurel, paprika, black pepper). **May contain soybean.**

**SOPA DE GANDULES:** Onion, green pepper, recao (herb), cilantro, garlic, Adobo with pepper, salt, chicken base, corn starch, peas, potato, carrots, water . **Contains soybean.**

**VIANDA:** Water, onion, cubanella pepper, recao (herb), cilantro, garlic, salt, malanga, yautia, seasoning (garlic, onion, salt, oregano, cumin, cilantro, laurel, paprika, black pepper). **May contain soybean and milk.**