



## US Product Ingredient Guide

July 2022

*This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.*

### BREADS

**ARTISAN ITALIAN (WHITE) BREAD:** Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil. **Contains Wheat, Soy.**

**FLATBREAD, ARTISAN:** Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, sugar, salt, cultured wheat flour, vinegar, oat bran, oat fiber, enzymes. **Contains Wheat. May contain Milk.**

**FLATBREAD, MULTIGRAIN:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Grain And Seed Blend (Sourdough (Water, Fermented Wheat Flour, Fermented Rye Flour), Wheat Grains, Rye Grains, Oat Grains, Flax Seed, Millet Seed, Teff Seed, Salt), Sugar, Wheat Gluten, Yeast, Salt, Natural Flavors, Oat Bran, Oat Fiber, Cultured Wheat Flour, Enzymes, Milk. **Contains: Milk, Wheat**

**GLUTEN-FREE BREAD (as packaged):** Egg whites, cornstarch, modified cornstarch, tapioca starch, palm oil, sugar, distilled monoglycerides, contains less than 2% of the following: yeast, rice bran and germ, salt, natural flavor, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), pectin, xanthan gum, carbohydrate gum, guar gum, enzyme. **Contains: Eggs.**

**HEARTY MULTIGRAIN:** Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Whole wheat flour, Yeast, Wheat gluten, Sugar, Rye flour, Contains 2% or less of: Rye sourdough (water, fermented rye flour), Salt, Soybean oil, Brown sugar, Whole oat groats, Sunflower seeds, Millet seed, Flax seed, Dried molasses with wheat starch, Soy lecithin, Cracked wheat, Ascorbic acid, Enzymes. **Contains Wheat, Soy.**

**ITALIAN HERBS & CHEESE BREAD:** Subway® Artisan Italian Bread [Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough

(cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil]. **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)]. **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor & Not More than 2% Silicon Dioxide Added (as Anticaking Agent).] **Contains: Milk, Soy, Wheat.**

**JALAPENO CHEDDAR BREAD: Subway® Artisan Italian Bread** [Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil]. **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)]. **Jalapeños** [Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative)]. **Contains: Milk, Wheat, Soy, Sulfites.**

**MONTEREY CHEDDAR BREAD: Subway® Artisan Italian Bread** [Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil]. **Monterey Jack Cheese** [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)]. **Contains Soy, Milk, Wheat.**

**PARMESAN OREGANO BREAD: Subway® Artisan Italian Bread** [Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavor), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Enzymes, Ascorbic acid, Soybean oil]. **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor & Not More than 2% Silicon Dioxide Added (as Anticaking Agent).] **Contains Soy, Milk, Wheat.**

**SOURDOUGH:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, wheat gluten, sugar, contains 2% or less of: fermented wheat flour, salt, soybean oil, fumaric acid, soy lecithin, lactic acid, enzymes, ascorbic acid. **Contains Wheat, Soy.**

**WRAP, SPINACH:** Unbleached Wheat Flour (wheat flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), water, Malted Wheat Flour, Wheat Gluten, Cultured Wheat Flour, Palm Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Yeast, Spinach Powder, Dextrose, Sugar, Salt, Dehydrated Parsley, Dehydrated Garlic, Dehydrated Onion, Soy Lecithin, Citric Acid, Enzymes. **Contains: Wheat, Soy, Barley**

**WRAP, TOMATO BASIL:** Unbleached Wheat Flour (wheat flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), water, Malted Wheat Flour, Wheat Gluten, Cultured Wheat Flour, Palm Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Yeast, Tomato, Basil, Salt, Sugar, Dehydrated Onion, Dehydrated Garlic, Bell Pepper, Paprika, Dextrose, Soy Lecithin, Citric Acid, Enzymes. **Contains: Wheat, Soy, Barley**

**WRAP:** Unbleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, Non GMO Canola oil, cultured wheat flour, malted wheat flour, wheat gluten, salt, sugar, sodium acid pyrophosphate, Sodium bicarbonate, Corn starch, Monocalcium phosphate, Guar gum, inactive dry yeast, Soy lecithin, Citric acid, enzymes. **Contains Wheat Soy and Barley**

## **MEAT, POULTRY, SEAFOOD & EGGS**

**BACON:** Pork, Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite

**CAPICOLA:** Pork cured with Water, Dextrose, Salt, Contains 2% or less of: Seasoning (Spices and Paprika), Vinegar, Sodium Phosphate, Pepper, Sodium Erythorbate, Sodium Nitrite.

**CHICKEN PATTY, OVEN ROASTED:** Chicken breast with rib meat, water, chicken flavor (sea salt, sugar, chicken stock, salt, flavors, canola oil, onion powder, garlic powder, spice, chicken fat, honey), contains 2% or less of potato starch, sodium phosphate, dextrose, carrageenan.

**CHICKEN, GRILLED:** Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth. **Contains Soy.**

**CHICKEN, GRILLED (Sweet Onion Teriyaki glazed):** Subway Grilled Chicken [Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth], **Sweet Onion Teriyaki Sauce** [Sugar, Water, Corn Vinegar, Corn Syrup, Soy Sauce (Water, Wheat, Soybean salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell

pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid].  
**Contains: Wheat, Soy, Sesame.**

**COLD CUT COMBO: Turkey Bologna:** Mechanically Separated Turkey, Water, Contains less than 2% of: Salt, Corn syrup solids, Potassium lactate, dextrose, Sodium diacetate, Sodium Erythorbate, Sodium Nitrite, Flavorings **Cooked Turkey Salami (Smoke Flavor Added):** Dark Turkey, Mechanically Separated Turkey, Water, Salt, Contains less than 2% of: Potassium lactate, Sugar, Sodium Tripolyphosphate, Dextrose, Spice and Flavorings, Sodium diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite. **Turkey Ham (Cured Turkey Thigh Meat. Chopped and Formed. Smoke Flavor Added with 7% Water Added):** Cured Turkey Thigh Meat, Salt, Contains less than 2% of: Potassium lactate, Brown Sugar, Sodium Tripolyphosphate, Dextrose, Sodium Diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite, Water.

**EGG OMELET PATTY (Regular):** Egg Whites, Egg Yolks, Soybean Oil, Water. Contains 2% or Less of the Following: Unmodified Corn Starch, Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural Flavor, Tocopherols (Vitamin E)), Salt, Black Pepper, Xanthan Gum, Cellulose Gum, Citric Acid. **Contains: Eggs, Soy**

**EGG WHITE OMELET PATTY:** Egg Whites, Water, Unmodified Corn Starch, Soybean Oil, Contains 2% or less of: Butter Flavored Soybean Oil (Soybean Oil, Natural Flavor), Salt, Black Pepper, Xanthan Gum, White Pepper. **Contains: Eggs**

**EGGS, CAGE-FREE:** Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% Or Less Of The Following: Unmodified Corn Starch, Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural Flavor, Tocopherols (Vitamin E)), Salt, Black Pepper, Xanthan Gum, Cellulose Gum, Citric Acid. **Contains: Egg, Soy**

**EGG WHITES, CAGE-FREE:** Egg Whites, Water, Unmodified Corn Starch, Soybean Oil, Contains 2% Or Less Of The Following: Butter Flavored Soybean Oil (Soybean Oil, Natural Flavor), Salt, Black Pepper, Xanthan Gum, White Pepper. **Contains: Egg**

**HAM (Black Forest):** Ham, Water, Dextrose, 2% or Less of, Modified Food Starch, Salt, Vinegar, Sodium Phosphates, Natural Smoke Flavor, Sodium Erythorbate, Sodium Nitrite

**ITALIAN B.M.T.® MEATS: Sliced Genoa Salami:** Pork, Beef, Salt, contains 2% or less of Water, Corn Syrup, Dextrose, Sugar, Flavorings, Wine, Sodium Erythorbate, Sodium Nitrate, Spices, Garlic, Lactic Acid Starter Culture, Sodium Nitrite. **Pepperoni:** Pork, Beef, Salt, contains 2% or less of Water, Spices, Dextrose, Corn Syrup, Flavorings, Paprika, Oleoresin of Paprika, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite. **Ham (Black Forest):** Ham, Water, Dextrose, 2% or Less of, Modified Food Starch, Salt, Vinegar, Sodium Phosphates, Natural Smoke Flavor, Sodium Erythorbate, Sodium Nitrite

**MEATBALLS & MARINARA:** Beef, water, bread crumbs [toasted wheat crumbs (enriched wheat flour {wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, sugar, salt, soybean oil, yeast)], textured soy protein concentrate, seasoning (dehydrated onion and garlic, salt, spice, dehydrated parsley, soybean oil), soy protein concentrate, Romano cheese (made from pasteurized part-

skim cows milk, cheese cultures, salt, enzymes). **Marinara Sauce** [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid]. **Contains Milk, Soy, Wheat.**

**PASTRAMI:** Beef cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, flavorings, oil of onion and garlic, rubbed with black pepper, dextrose, coriander, allspice, paprika, garlic, salt.

**PEPPERONI** Pork, Beef, Salt, contains 2% or less of Water, Spices, Dextrose, Corn Syrup, Flavorings, Paprika, Oleoresin of Paprika, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite

**ROAST BEEF:** Fully cooked sliced roast beef upon cooking contains up to 10% solution of Water, 2% Or Less Of Salt, Dextrose, Corn Syrup Solids, Sodium Phosphates, Natural Flavors. Coated With: Potato Maltodextrin, Cooked Sugar, Natural Flavors, Salt, Sugar.

**ROTISSERIE-STYLE CHICKEN:** Chicken, Water, Contains 2% Or Less of: Salt, Soybean Oil, Dextrose, Seasoning (Flavoring, Acacia Gum, Onion Powder), Sodium Phosphate, Spice Extractives. Seared in Soybean Oil and /or Sunflower Oil.

**STEAK:** Beef, Water, Contains 2% or Less of Salt, Modified Corn Starch, Dextrose, Sodium Phosphate, Dried Tomato, Yeast Extract, Caramelized Sugar, Onion Powder, Garlic Powder, Natural Beef Type Flavor (Natural Flavor, Autolyzed Yeast, Disodium Inosinate, Disodium Guanylate), Ascorbic Acid, Beet Juice Red, Corn Maltodextrin, Citric Acid, Hydrolyzed Corn Protein, Flavoring, Potato Maltodextrin, Red Cabbage Concentrate (for Color), Turmeric (for Color), Soybean Oil

**TUNA SALAD:** Flaked Tuna in Brine (tuna, water, salt), **Mayonnaise** (soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor). **Contains: Eggs, Fish.**

**TURKEY BREAST, OVEN ROASTED:** Turkey Breast, Turkey Broth, Seasoning (Vinegar, Cultured Dextrose, Xanthan Gum), Contains 2% or Less of Salt, Dextrose, Sodium Phosphates, Natural Flavor. Browned in Soybean Oil.

**VEGGIE PATTY:** Carrots, Onions, Green Beans, Oat Bran, Expeller Pressed Canola Oil, Zucchini, Soybeans, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Bell Peppers, Arrowroot Powder, Garlic, Corn Starch, Corn Meal, Salt, Methyl Cellulose, Parsley, Black Pepper. **Contains: Soy**

## **CHEESE**

**AMERICAN CHEESE:** Milk, water, cream, sodium citrate, salt, cheese culture, sorbic acid (preservative), citric acid, enzymes, soy lecithin. **Contains soy and milk.**

**BelGioioso® FRESH MOZZARELLA:** Pasteurized Milk, Vinegar, Enzymes, Salt. **Contains: Milk.**

**MONTEREY & CHEDDAR CHEESE BLEND (shredded):** Monterey Jack Cheese [Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)].  
**Contains Milk**

**MOZZARELLA, SHREDDED:** Low-moisture Mozzarella Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor). **Contains: Milk**

**PARMESAN CHEESE:** Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose (added to prevent caking), salt, potassium sorbate (preservative). **Contains: Milk.**

**PEPPERJACK CHEESE:** Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Jalapeno Peppers, Jalapeno Pepper Puree, Sorbic Acid (Preservative), Enzymes, Jalapeno Peppers (dried), Red Bell Peppers(dried), Citric Acid, Soy Lecithin, Natural Flavor. **Contains: Milk, Soy.**

**PROVOLONE CHEESE:** Cultured pasteurized milk, salt, enzymes. **Contains Milk.**

**SWISS CHEESE (Sliced):** Part-Skim Milk, Cheese Culture, Salt, Enzymes. Aged Over 60 Days. **Contains: Milk**

## **VEGETABLES**

**BANANA PEPPERS:** Banana Peppers, Water, Distilled Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Sodium Metabisulfite (preservative), Polysorbate 80, Turmeric, and Natural Flavors. **Contains: Sulfites.**

**BLACK OLIVES:** Ripe olives, water, salt, ferrous gluconate.

**CUCUMBERS:** Cucumber.

**GREEN PEPPERS:** Green bell peppers.

**JALAPEÑO PEPPER SLICES:** Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative). **Contains: Sulfites.**

**LETTUCE:** Fresh iceberg variety.

**ONIONS:** Red onions.

**PICKLES:** Cucumbers, water, distilled vinegar, salt, calcium chloride, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, turmeric.

**PICKLES, CRINKLE:** Cucumbers, water, distilled vinegar, salt, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, turmeric.

**SLICED AVOCADO:** Hass Avocados

**SMASHED AVOCADO:** Hass Avocados, Sea Salt.

**SPINACH:** Fresh baby spinach.

**TOMATOES:** Red tomatoes.

## **CONDIMENTS & SEASONINGS**

**BAJA CHIPOTLE SOUTHWEST SAUCE:** Soybean oil, water, cultured low-fat buttermilk, chipotle pepper sauce concentrate (chipotle pepper puree [water, chipotle pepper], water, distilled vinegar, sugar, salt, onion powder), distilled vinegar, egg yolks, sugar, salt, contains less than 2% of: guajillo pepper, natural flavors, paprika, spices, dehydrated garlic, xanthan gum, lime juice concentrate, lactic acid, dehydrated onion, sodium benzoate and potassium sorbate (as preservatives), natural smoke flavor, dehydrated parsley, citric acid, calcium disodium EDTA (added to protect flavor). **Contains: Milk, Egg**

**BARBEQUE SAUCE:** Sugar, Tomato Paste, Distilled Vinegar, Water, Corn Syrup, Molasses, Salt, Pineapple Juice Concentrate, Mustard Bran, Spices, Natural Flavor (Including hickory smoke), Celery seed, Onion Powder, Sodium Benzoate (as preservative), Garlic Powder & Paprika Oleoresin (Color).

**BUFFALO SAUCE:** Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Modified Corn Starch, Canola Oil, Paprika, Xanthan Gum, Carrot Fiber, Garlic Powder, Natural Flavor.

**CREAMY SRIRACHA SAUCE:** Sriracha Sauce (Chili Puree [Red Pepper, Acetic Acid], Water, Sugar, Salt, Garlic, Vinegar, Xanthan Gum, Natural Flavor, Sodium Benzoate [A Preservative], Citric Acid), Soybean Oil, Water, Liquid Egg Yolks, Vinegar, Modified Corn Starch, Salt, Xanthan Gum, Sugar, Color, Natural Flavor, Polysorbate 60, Potassium Sorbate (A Preservative), Sodium Benzoate (A Preservative), Spice (Mustard), Calcium Disodium EDTA (To Protect Flavor). **Contains: Egg and mustard.**

**HONEY MUSTARD SAUCE:** Creole mustard (distilled vinegar, water, brown mustard seed, salt, xanthan gum), Honey, Water, Soybean oil, Sugar, Distilled vinegar, Liquid egg yolks, Contains less than 2% of Salt, Mustard seed, Xanthan gum, Natural flavour, Molasses, Sodium Benzoate and Potassium Sorbate (as preservatives), Natural smoke flavour, Calcium Disodium EDTA (added to protect flavour). **Contains: Egg, Mustard**

**MAYONNAISE, LIGHT:** Water, soybean oil, food starch-modified, distilled vinegar, egg yolks, contains less than 2% of: whole egg, salt, spice, potassium sorbate (a preservative), phosphoric acid, calcium disodium EDTA added to protect flavor, DL-alpha tocopherol acetate (vitamin E), natural flavor, vitamin K. **Contains: Eggs.**

**MAYONNAISE, REGULAR:** Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor. **Contains: Eggs.**

**MUSTARD (Yellow):** Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors and Garlic Powder. **Contains Mustard**

**MVP Parmesan Vinaigrette™:** Soybean Oil, Water, Extra Virgin Olive Oil, Cabernet Sauvignon Wine Vinegar, Sugar, Red Bell Pepper Puree, Distilled Vinegar, Salt, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Contains Less than 2% Of Spices, Dehydrated Garlic, Natural Flavors, Dehydrated Onion, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (As Preservatives), Calcium Disodium EDTA Added to Protect Flavor. **Contains: Milk**

**OIL BLEND:** Canola oil, imported extra virgin olive oil.

**PEPPERCORN RANCH SAUCE:** Soybean oil, water, cultured low-fat buttermilk, distilled vinegar, egg yolks, sugar, contains less than 2% of: salt, buttermilk, natural flavors, spice, lactic acid, dehydrated garlic, sodium benzoate and potassium sorbate (as preservatives), xanthan gum, dehydrated parsley, dehydrated onion, calcium disodium EDTA (added to protect flavor). **Contains: Milk, Egg**

**PEPPER, BLACK:** Black Pepper

**RED WINE VINEGAR:** Red Wine Vinegar Reduced With Water To 5% Acidity, Naturally occurring trace amounts of sulfite. **Contains Sulfites**

**ROASTED GARLIC AIOLI** Soybean Oil, Water, Distilled Vinegar, Extra Virgin Olive Oil, Egg Yolks, Garlic, Garlic Juice, Sugar, Salt, Contains Less than 2% of Natural Flavors, Dehydrated Garlic, Lemon Juice Concentrate, Sodium Benzoate and Potassium Sorbate (as preservatives), Garlic Juice Concentrate, Xanthan Gum, Dehydrated Parsley, Spice, Citric Acid, Propylene Glycol Alginate, Calcium Disodium EDTA Added to protect flavor. **Contains Egg.**

**SALT:** Salt

**SWEET ONION TERIYAKI SAUCE:** Sugar, Water, Corn Vinegar, Corn Syrup, Soy Sauce (Water, Wheat, Soybean salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid. **Contains: Wheat, Soy, Sesame.**

## **PIZZA(round)**

**CHEESE PIZZA:** Crust (Enriched flour [Wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic acid], Water, Bread crumbs, [Wheat flour, sugar, yeast, salt], Yeast, Soybean oil, Sugar, Salt, Non-fat dry milk, garlic), Mozzarella Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Sauce (tomato puree [tomatoes, salt, citric acid], water, tomato paste, soybean oil, Salt, Seasoning [Spices, Garlic powder, soybean oil], Romano cheese [pasteurized cows milk, Cheese culture, salt, enzymes]),



Parmesan and Romano made from Cows milk cheese blend (Pasteurized milk and part skim milk, cheese culture, salt, enzymes), Oregano, Garlic, Basil. **Contains Milk, Wheat.**

## COOKIES & SIDES

**APPLESAUCE:** Apple, lemon juice concentrate

**CHOCOLATE CHIP:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), palm and butter blend (palm oil, butter [cream {milk}, salt], water, salt, Contains 2% or less of: natural flavor [milk], beta carotene [color], vitamin a palmitate), eggs, contains 2% or less of: pre-gelatinized wheat starch, molasses, water, baking soda, soy lecithin, natural flavor. **Contains Egg, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

**OATMEAL RAISIN:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, raisins, palm oil, rolled oats, eggs, water, contains 2% or less of: molasses, natural flavor, whey (milk), baking soda, salt, spice. **Contains Egg, Milk, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

**RASPBERRY CHEESECAKE:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, white confectionery chips (sugar, fractionated palm kernel and/or palm oil, nonfat milk, soy lecithin, natural flavor), palm oil, eggs, raspberry flavored bits (dextrose, palm oil, sugar, corn flour, color (Beet, watermelon and huito juice), raspberry powder, citric acid, natural flavor), water, invert sugar, contains 2% or less of: cream cheese (milk, culture, salt, carob bean gum, enzyme), baking soda, salt, non fat dry milk, pre-gelatinized wheat starch, soy lecithin, color (pumpkin concentrate), Raspberry juice concentrate, natural flavor. **Contains egg, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut containing cookies.)*

**WHITE CHIP MACADAMIA NUT:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil and butter blend (palm oil, butter (cream {milk}, salt), water, salt, Contains less than 2% of: Natural flavor [Milk], beta carotene [color], vitamin A palmitate), white confectionery chips (sugar, fractionated palm kernel and/or palm oil, nonfat milk, soy lecithin, natural flavor), macadamia nuts, eggs, Contains 2% or less of: pre-gelatinized wheat starch, molasses, baking soda, soy lecithin, salt, natural flavor. **Contains Eggs, Macadamia nuts (tree nuts), Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with peanut-containing cookie).*

## SOUPS

*(Not available in all locations)*

**BEEF CHILI WITH BEANS** Ground Beef, Water, Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Dark Red Kidney Beans [Kidney Beans (Water,

Kidney Beans), Salt], Seasoning (Spices [Including Chili Pepper], Brown Sugar, Salt, Hydrolyzed Soy, Corn and Wheat Protein, Wheat Flour, Dextrose, Sugar, Yeast Extract, Garlic Powder, Maltodextrin, Soy Lecithin, Onion Powder; with Soybean Oil and Silicon Dioxide [as processing aids]), Celery, Tomato Paste, Green Bell Peppers, Modified Corn Starch, Dehydrated Onion, Salt, Beef Fat Type Flavor (Beef Fat and Natural Flavor). **Contains: Soy, Wheat**

**BROCCOLI CHEDDAR:** Water, Whole Milk (Milk, Vitamin D3), Broccoli, Pasteurized Process Cheddar Cheese Food (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Whey, Whey Protein Concentrate, Nonfat Milk, Sodium Citrate, Contains less than 2% of Milkfat, Salt, Lactic Acid, Oleoresin Paprika [Color], Annatto Extract [Color]), Pasteurized Process White Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Milkfat, Salt), Dairy Blend (Milk, Cream), Onions, Seasoning (Whey Powder, Sea Salt, Yeast Extract, Sugar, Spices, Lactic Acid, Extractives of Turmeric [Color]), Carrots, Modified Corn Starch, Unsalted Butter (Cream, Natural Flavors), Wheat Flour, Cheddar Cheese Ingredient (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate), Garlic Juice. **Contains: Milk, Wheat**

**CHICKEN NOODLE:** Water, White Chicken Meat, Carrots, Noodles (Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Celery, Chicken and Stock Base (Chicken Stock, Yeast Extract, Chicken, Natural Flavors, Salt, Chicken Fat, Dried Potato, Xanthan Gum), Seasoning (Sea Salt, Yeast Extract, Natural Flavor, Disodium Inosinate and Disodium Guanylate), Seasoning (Corn Starch, Sugar, Spice, Xanthan Gum, Guar Gum, Turmeric Extractives [for color], Natural Flavor), Chicken Fat (Chicken Fat, Natural Flavoring), Parsley, Tomato Concentrate. **CONTAINS: Egg, Wheat**

**LOADED BAKED POTATO WITH BACON:** Water, Potatoes (Potatoes, Sodium Acid Pyrophosphate [to maintain natural color]), Dairy Blend (Milk, Cream), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Uncured Bacon Topping (Pork, Water, Sea Salt, Cane Sugar, Cultured Celery Juice, Natural Flavors), Onions, Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [added to prevent caking], Salt), Seasoning (Modified Corn Starch, Salt, Enriched Wheat Flour, Sugar, Yeast Extract, Whey Powder, Spice, Natural Flavor), Red Potatoes, Green Onions, Unsalted Butter (Cream, Natural Flavors), Chicken Stock Plus (Chicken Stock, Natural Flavor [including Yeast Extract]), Cheese (Parmesan Type) (Granular and Parmesan Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Salt, Lactic Acid, Citric Acid), Pepper Sauce (Distilled Vinegar, Red Pepper, Salt). **CONTAINS: Milk, Wheat**