



US Product Ingredient Guide

Revised November 2021

This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.

BREADS

ARTISAN ITALIAN (WHITE) BREAD Enriched flour (wheat flour, Malted barley, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, sugar, Contains 2% or less of: Wheat gluten, Wheat sourdough (Cultured wheat flour, Natural flavor), salt, Palm oil, Cultured wheat flour, sunflower lecithin, enzymes, ascorbic acid, soybean oil. **Contains wheat.**

FLATBREAD, ARTISAN Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, sugar, salt, cultured wheat flour, vinegar, oat bran, oat fiber, enzymes. **Contains wheat. May contain milk.**

FLATBREAD, MULTIGRAIN Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Grain And Seed Blend (Sourdough (Water, Fermented Wheat Flour, Fermented Rye Flour), Wheat Grains, Rye Grains, Oat Grains, Flax Seed, Millet Seed, Teff Seed, Salt), Soybean Oil, Sugar, Wheat Gluten, Yeast, Salt, Natural Flavors, Oat Bran, Oat Fiber, Cultured Wheat Flour, Enzymes, Milk. **Contains: Milk, Wheat**

GLUTEN-FREE BREAD (as packaged) Egg whites, cornstarch, modified cornstarch, tapioca starch, palm oil, sugar, distilled monoglycerides, contains less than 2% of the following: yeast, rice bran and germ, salt, natural flavor, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), pectin, xanthan gum, carbohydrate gum, guar gum, enzyme. **Contains eggs. May contain Soy**

HEARTY MULTIGRAIN Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Water, Yeast, Wheat Gluten, Sugar, Rye Flour, Contains 2% or Less of: Rye Sourdough (Water, Fermented Rye Flour), Salt, Soybean Oil, Brown Sugar, Whole Oat Groats, Sunflower Seeds, Millet Seed, Flax Seed, Dried Molasses with Wheat Starch, Sunflower Lecithin, Cracked Wheat, Ascorbic Acid, Enzymes. **Contains Wheat.**

ITALIAN HERBS & CHEESE BREAD Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less of: Wheat Sourdough (Cultured

Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Sunflower Lecithin, Enzymes, Ascorbic Acid, Soybean Oil.] Monterey Jack Cheese [Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color), Potato Starch and Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor)] Parmesan-Oregano Topping [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor & Not More than 2% Silicon Dioxide Added (as Anticaking Agent).] **Contains: Milk and Wheat.**

JALAPENO CHEDDAR BREAD Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less of: Wheat Sourdough (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Sunflower Lecithin, Enzymes, Ascorbic Acid, Soybean Oil.] Monterey Jack Cheese [Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color), Potato Starch and Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor)] Jalapeños [Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative)]. **Contains: Milk, Wheat, and Sulfites.**

MONTEREY CHEDDAR BREAD Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less of: Wheat Sourdough (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Sunflower Lecithin, Enzymes, Ascorbic Acid, Soybean Oil.], Monterey Jack cheese blend (Monterey Jack cheese (cultured pasteurized milk, salt, enzymes), cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). **Contains milk and wheat.**

PARMESAN OREGANO BREAD Subway® Artisan Italian Bread [Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or Less of: Wheat Sourdough (Cultured Wheat Flour, Natural Flavor), Salt, Palm Oil, Cultured Wheat Flour, Sunflower Lecithin, Enzymes, Ascorbic Acid, Soybean Oil.], corn maltodextrin, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), toasted bread crumbs (enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, sea salt, yeast), salt, spices, dehydrated garlic, parmesan cheese (part skim milk, cheese cultures, salt, enzymes), modified corn starch, sunflower oil, citric acid, yeast extract, lactic acid, natural flavor & not more than 2% silicon dioxide added (as anticaking agent). **Contains milk and wheat.**

SOURDOUGH Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, wheat gluten, sugar, contains 2% or less of: fermented wheat flour, salt, soybean oil, dextrose, fumaric acid, sunflower lecithin, lactic acid, enzymes, ascorbic acid. **Contains wheat.**

WRAP, SPINACH Unbleached Wheat Flour (wheat flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), water, Malted Wheat Flour, Wheat Gluten, Cultured Wheat Flour, Palm Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Yeast, Spinach Powder, Dextrose, Sugar, Salt, Dehydrated Parsley, Dehydrated Garlic, Dehydrated Onion, Soy Lecithin, Citric Acid, Enzymes **Contains: Wheat and Soy.**

WRAP, TOMATO BASIL Enriched unbleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, palm oil, cultured wheat flour, salt, malted wheat flour, wheat gluten, paprika, tomato powder, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), dehydrated bell pepper, soy lecithin, granulated sugar, enzymes, yeast, garlic granules, onion powder, dextrose, citric acid. **Contains wheat and soy.**

MEAT, POULTRY, SEAFOOD & EGGS

BACON Pork, Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite

CHICKEN PATTY, OVEN ROASTED Chicken breast with rib meat, water, chicken flavor (sea salt, sugar, chicken stock, salt, flavors, canola oil, onion powder, garlic powder, spice, chicken fat, honey), contains 2% or less of potato starch, sodium phosphate, dextrose, carrageenan.

CHICKEN, GRILLED Boneless skinless chicken breast with rib meat, water, contains 2% or less soy protein concentrate, modified potato starch, sodium phosphate, potassium chloride, salt, maltodextrin, yeast extract, flavors, natural flavors, dextrose, caramelized sugar, paprika, vinegar solids, paprika extract, chicken broth. **Contains soy.**

CHICKEN, GRILLED (Teriyaki glazed): Subway Chicken Strips (see above), Teriyaki sauce (water, corn syrup, soy sauce (water, wheat, soybean, salt, sodium benzoate [a preservative]), rice vinegar, modified corn starch, sugar, tomato paste, ginger, vinegar, garlic, sesame oil, sesame seed, salt, dehydrated green onion, dehydrated red bell pepper, natural flavours, autolyzed yeast extract, dehydrated garlic, sodium benzoate (a preservative), spices, citric acid, soybean oil, dry yeast (torula), dehydrated onion.) **Contains soy, wheat and sesame.**

COLD CUT COMBO: Turkey Bologna: Mechanically Separated Turkey, Water, Contains less than 2% of: Salt, Corn syrup solids, Potassium lactate, dextrose, Sodium diacetate, Sodium Erythorbate, Sodium Nitrite, Flavorings **Cooked Turkey Salami (Smoke Flavor Added):** Dark Turkey, Mechanically Separated Turkey, Water, Salt, Contains less than 2% of: Potassium lactate, Sugar, Sodium Tripolyphosphate, Dextrose, Spice and Flavorings, Sodium diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite. **Turkey Ham (Cured Turkey Thigh Meat. Chopped and Formed. Smoke Flavor Added with 7% Water Added):** Cured Turkey Thigh Meat, Salt, Contains less than 2% of: Potassium lactate, Brown Sugar, Sodium Tripolyphosphate, Dextrose, Sodium Diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite, Water.

EGG OMELET PATTY (Regular) Egg Whites, Egg Yolks, Soybean Oil, Water. Contains 2% or Less of the Following: Unmodified Corn Starch, Liquid Butter Alternative (Liquid

and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural Flavor, Tocopherols (Vitamin E)), Salt, Black Pepper, Xanthan Gum, Cellulose Gum, Citric Acid. **Contains Eggs and Soy**

EGG WHITE OMELET PATTY Egg Whites, Water, Unmodified Corn Starch, Soybean Oil, Contains 2% or less of: Butter Flavored Soybean Oil (Soybean Oil, Natural Flavor), Salt, Black Pepper, Xanthan Gum, White Pepper. **Contains: Eggs**

EGGS, CAGE-FREE Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% Or Less Of The Following: Unmodified Corn Starch, Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural Flavor, Tocopherols (Vitamin E)), Salt, Black Pepper, Xanthan Gum, Cellulose Gum, Citric Acid. **Contains: Egg, Soy**

EGG WHITES, CAGE-FREE Egg Whites, Water, Unmodified Corn Starch, Soybean Oil, Contains 2% Or Less Of The Following: Butter Flavored Soybean Oil (Soybean Oil, Natural Flavor), Salt, Black Pepper, Xanthan Gum, White Pepper. **Contains: Egg**

HAM (Black Forest) Ham, Water, Dextrose, 2% or Less of, Modified Food Starch, Salt, Vinegar, Sodium Phosphates, Natural Smoke Flavor, Sodium Erythorbate, Sodium Nitrite

ITALIAN B.M.T.® MEATS: Sliced Genoa Salami: Pork, Beef, Salt, contains 2% or less of Water, Corn Syrup, Dextrose, Sugar, Flavorings, Wine, Sodium Erythorbate, Sodium Nitrate, Spices, Garlic, Lactic Acid Starter Culture, Sodium Nitrite. **Pepperoni:** Pork, Beef, Salt, contains 2% or less of Water, Spices, Dextrose, Corn Syrup, Flavorings, Paprika, Oleoresin of Paprika, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite. **HAM (Black Forest)** Ham, Water, Dextrose, 2% or Less of, Modified Food Starch, Salt, Vinegar, Sodium Phosphates, Natural Smoke Flavor, Sodium Erythorbate, Sodium Nitrite

MEATBALLS Beef, water, bread crumbs [toasted wheat crumbs (enriched wheat flour {wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, sugar, salt, soybean oil, yeast)], textured soy protein concentrate, seasoning (dehydrated onion and garlic, salt, spice, dehydrated parsley, soybean oil), soy protein concentrate, Romano cheese (made from pasteurized part-skim cows milk, cheese cultures, salt, enzymes). Marinara Sauce [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid.] **Contains milk, soy and wheat.**

PASTRAMI: Beef, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate , Sodium Nitrite, Flavorings, Oil of Onion and Garlic. Rubbed With: Black Pepper, Dextrose, Coriander, Allspice, Paprika, Garlic, Salt.

ROAST BEEF Fully cooked sliced roast beef upon cooking contains up to 10% solution of water, 2% or less of: salt, dextrose, corn syrup solids, sodium phosphates, spices. Coated with potato maltodextrin, cooked sugar, spices, salt, sugar.

ROTISSERIE-STYLE CHICKEN Chicken, Water, Contains 2% Or Less of: Salt, Soybean Oil, Dextrose, Seasoning (Flavoring, Acacia Gum, Onion Powder), Sodium Phosphate, Spice Extractives. Seared in Soybean Oil and /or Sunflower Oil.

STEAK Beef, Water, Contains 2% or Less of Salt, Modified Corn Starch, Dextrose, Sodium Phosphate, Dried Tomato, Yeast Extract, Caramelized Sugar, Onion Powder, Garlic Powder, Natural Beef Type Flavor (Natural Flavor, Autolyzed Yeast, Disodium Inosinate, Disodium Guanylate), Ascorbic Acid, Beet Juice Red, Corn Maltodextrin, Citric Acid, Hydrolyzed Corn Protein, Flavoring, Potato Maltodextrin, Red Cabbage Concentrate (for Color), Turmeric (for Color), Soybean Oil

TUNA SALAD Flaked Tuna in Brine (tuna, water, salt), mayonnaise (soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor). **Contains eggs and fish.**

TURKEY BREAST, OVEN ROASTED Turkey Breast, Turkey Broth, Seasoning (Vinegar, Cultured Dextrose, Xanthan Gum), Contains 2% or Less of Salt, Dextrose, Sodium Phosphates, Natural Flavor. Browned in Soybean Oil.

VEGGIE PATTY Carrots, Onions, Green Beans, Oat Bran, Expeller Pressed Canola Oil, Zucchini, Soybeans, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Bell Peppers, Arrowroot Powder, Garlic, Corn Starch, Corn Meal, Salt, Methyl Cellulose, Parsley, Black Pepper. **Contains: Soy**

CHEESE

AMERICAN CHEESE Milk, water, cream, sodium citrate, salt, cheese culture, sorbic acid (preservative), citric acid, enzymes, soy lecithin. **Contains soy and milk.**

BelGioioso® FRESH MOZZARELLA Pasteurized Milk, Vinegar, Enzymes, Salt. **Contains: Milk.**

MONTEREY CHEESE BLEND (shredded) Monterey Jack cheese (cultured pasteurized milk, salt, enzymes), Cheddar Cheese (cultured pasteurized milk, salt, enzymes, annatto color), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). **Contains milk.**

MOZZARELLA, SHREDDED: Low-moisture Mozzarella Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor). **Contains: Milk**

PARMESAN CHEESE Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose (added to prevent caking), salt. **Contains milk.**

PEPPERJACK CHEESE Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Jalapeno Peppers, Jalapeno Pepper Puree, Sorbic Acid (Preservative), Enzymes, Jalapeno Peppers (dried), Red Bell Peppers(dried), Citric Acid, Acetic Acid, Soy Lecithin, Natural Flavor. **Contains: Milk and Soy.**

PROVOLONE CHEESE Cultured pasteurized milk, salt, enzymes. **Contains Milk.**

SWISS CHEESE (Sliced) Part-Skim Milk, Cheese Culture, Salt, Enzymes. Aged Over 60 Days. **Contains: Milk**

VEGETABLES

BANANA PEPPERS Banana Peppers, Water, Distilled Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Sodium Metabisulfite (preservative), Polysorbate 80, Turmeric, and Natural Flavors. **Contains: Sulfites.**

BLACK OLIVES Ripe olives, water, salt, ferrous gluconate.

CUCUMBERS Cucumber.

GREEN PEPPERS Green bell peppers.

JALAPEÑO PEPPER SLICES Jalapeno Peppers, Water, Distilled Vinegar, Salt, Natural Flavors, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulfite (preservative). **Contains: Sulfites.**

LETTUCE Fresh iceberg variety.

ONIONS Red onions.

PICKLES Cucumbers, water, distilled vinegar, salt, calcium chloride, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, turmeric.

SLICED AVOCADO Hass Avocados

SMASHED AVOCADO Hass Avocados, Sea Salt.

SPINACH Fresh baby spinach.

TOMATOES Red tomatoes.

CONDIMENTS & SEASONINGS

BUFFALO SAUCE Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Modified Corn Starch, Canola Oil, Paprika, Carrot Fiber, Xanthan Gum, Natural Butter Type Flavor and Garlic Powder.

BAJA CHIPOTLE SOUTHWEST SAUCE Soybean oil, water, cultured low-fat buttermilk, chipotle pepper sauce concentrate (chipotle pepper puree [water, chipotle pepper], water, distilled vinegar, sugar, salt, onion powder), distilled vinegar, egg yolks, sugar, salt, contains less than 2% of: guajillo pepper, natural flavors, paprika, spices, dehydrated garlic, xanthan gum, lime juice concentrate, lactic acid, dehydrated onion, sodium benzoate and potassium sorbate (as preservatives), natural smoke flavor, dehydrated parsley, corn maltodextrin, citric acid, calcium disodium EDTA (added to protect flavor), potato dextrin. **Contains: milk, egg**

CAESAR SAUCE Soybean Oil, Water, Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Distilled Vinegar, Egg Yolks, Salt, Contains Less Than 2%

Of Sugar, Lemon Juice Concentrate, Anchovy Paste (Anchovy, Salt, Defatted Soy Flour, Water), Dehydrated Garlic, Dehydrated Onion, Phosphoric Acid, Sodium Benzoate And Potassium Sorbate (As Preservatives), Xanthan Gum, Spices (Includes Mustard), Dehydrated Parsley, Polysorbate 60, Calcium Disodium EDTA Added To Protect Flavor. **Contains: Milk, Egg, Anchovy (fish), Soybean.**

CREAMY SRIRACHA SAUCE Sriracha Sauce, Chili Puree, Red Pepper, Acetic Acid, Water, Sugar, Salt, Garlic, Vinegar, Xanthan Gum, Natural Flavour, Sodium Benzoate [A Preservative], Citric Acid), Soybean Oil, Water, Liquid Egg Yolks, Vinegar, Modified Corn Starch, Salt, Xanthan Gum, Sugar, Colour, Natural Flavour, Polysorbate 60, Potassium Sorbate (A Preservative), Sodium Benzoate (A Preservative), Spice (Mustard), Calcium Disodium Edda (To Protect Flavor). **Contains: Egg**

HONEY MUSTARD SAUCE Water, Sugar, Vinegar, Mustard Seed, Honey, Modified Corn Starch, Cider Vinegar, Salt, White Wine, Lemon Juice Concentrate, Phosphoric Acid, Spices, Citric Acid, Xanthan Gum, Dehydrated Onion, Turmeric, Tartaric Acid, Sodium Benzoate (A Preservative), Potassium Sorbate (A Preservative), Dehydrated Garlic.

MAYONNAISE, LIGHT Water, soybean oil, food starch-modified, distilled vinegar, egg yolks, contains less than 2% of salt, whole egg, spice, potassium sorbate (a preservative), phosphoric acid, calcium disodium EDTA added to protect flavor, DL-alpha tocopherol acetate (vitamin E), natural flavor, vitamin K. **Contains eggs.**

MAYONNAISE, REGULAR Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor. **Contains: eggs.**

MUSTARD (Yellow) Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors and Garlic Powder.

MVP Parmesan Vinaigrette™ Soybean Oil, Water, Extra Virgin Olive Oil, Cabernet Sauvignon Wine Vinegar, Sugar, Red Bell Pepper Puree, Distilled Vinegar, Salt, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Contains Less than 2% Of Spices, Dehydrated Garlic, Natural Flavors, Dehydrated Onion, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (As Preservatives), Calcium Disodium EDTA Added to Protect Flavor. **Contains: Milk**

OIL BLEND Canola oil, imported extra virgin olive oil.

PEPPERCORN RANCH SAUCE Soybean oil, water, cultured low-fat buttermilk, distilled vinegar, egg yolks, sugar, contains less than 2% of: salt, buttermilk, natural flavors, spice, lactic acid, dehydrated garlic, sodium benzoate and potassium sorbate (as preservatives), xanthan gum, corn maltodextrin, dehydrated parsley, dehydrated onion, potato dextrin, calcium disodium EDTA (added to protect flavor). **Contains: milk, egg**

RANCH SAUCE Soybean oil, water, sugar, liquid egg yolks, vinegar, salt, cultured lowfat buttermilk, modified corn starch, dehydrated garlic, dehydrated onion, phosphoric acid, xanthan gum, polysorbate 60, buttermilk solids, autolyzed yeast extract, sodium benzoate (a preservative), potassium sorbate (a preservative), spice,

dehydrated parsley, whey protein concentrate, calcium disodium EDTA (to protect flavor). **Contains eggs and milk.**

RED WINE VINEGAR Red Wine Vinegar Reduced With Water To 5% Acidity, Sulfiting Agent. **Contains Sulfites**

PEPPER, BLACK Black Pepper

SEA SALT Salt

SWEET ONION SAUCE Sugar, Water, Corn Vinegar, Dehydrated Onion, Corn Starch, Modified Corn Starch, Salt, Mustard Seed, Spices, Onion Juice, Potassium Sorbate (A Preservative), Sodium Benzoate (A Preservative), Dehydrated Red Bell Pepper, Dimethylpolysiloxane, An Anti-Foaming Agent, Cucumber Juice, Vinegar, Celery Seed.

SWEET ONION TERIYAKI SAUCE Sugar, Water, Corn Vinegar, Corn Syrup, Soy Sauce (Water, Wheat, Soybean salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid. **Contains: Wheat, Soybean and Sesame.**

PIZZA(round)

CHEESE PIZZA: Crust (Enriched flour [wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic acid], Water, Bread crumbs, [Wheat flour, sugar, yeast, salt], Yeast, Soybean oil, Sugar, Salt, Non-fat dry milk, garlic), Mozzarella Cheese (Cultured Pasteurized milk, Salt, Enzymes), Sauce (tomato puree [tomatoes, salt, citric acid], water, tomato paste, soybean oil, Salt, Seasoning [Spices, Garlic powder, soybean oil], Romano cheese [pasteurized cows milk, Cheese culture, salt, enzymes]), Parmesan and Romano made from Cows milk cheese blend (Pasteurized milk and part skim milk, cheese culture, salt, enzymes), Oregano, Garlic, Basil. **Contains Milk and Wheat.**

COOKIES & SIDES

APPLESAUCE Apples, Ascorbic Acid (Vitamin C) added to maintain color

CHOCOLATE CHIP Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), butter blend (palm oil, butter [cream {milk}, salt], water, salt, Contains 2% or less of: natural flavor [milk], beta carotene [color], vitamin a palmitate), eggs, contains 2% or less of: pre-gelatinized wheat starch, molasses, water, baking soda, soy lecithin, natural flavor. **Contains egg, milk, soy, wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

OATMEAL RAISIN Sugar, enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), palm oil, raisins, rolled oats, eggs, water, contains

2% or less of: molasses, natural flavor, whey (milk), baking soda, corn starch, salt, spice. **Contains egg, milk, wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut- containing cookies.)*

RASPBERRY CHEESECAKE Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, white confectionery chips (sugar, fractionated palm kernel and/or palm oil, nonfat milk, soy lecithin, natural flavor), palm oil, eggs, raspberry flavored bits (dextrose, palm oil, sugar, corn flour, color (Beet, watermelon and huito juice), raspberry powder, citric acid, natural flavor), water, invert sugar, contains 2% or less of: cream cheese (milk, culture, salt, carob bean gum, enzyme), baking soda, salt, non fat dry milk, pre-gelatinized wheat starch, soy lecithin, color (pumpkin concentrate, turmeric, annatto), Raspberry juice concentrate, natural flavor. **Contains egg, milk, soy, wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut containing cookies.)*

WHITE CHIP MACADAMIA NUT Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, butter blend (palm oil, butter (cream, salt), water, salt, natural flavors (contains milk), beta carotene (color), vitamin A palmitate), white confectionery chips (sugar, palm kernel and palm oil, nonfat dry milk, soy lecithin, vanilla extract), macadamia nuts, eggs, water, contains 2% or less of: wheat starch, molasses, natural flavor, baking soda, soy lecithin, salt. **Contains eggs, tree nuts, milk, soy, and wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with peanut-containing cookie).*

SOUPS

(Not available in all locations)

BEEF CHILI WITH BEANS Ground Beef, Water, Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Dark Red Kidney Beans [Kidney Beans (Water, Kidney Beans), Salt], Seasoning (Spices [Including Chili Pepper], Brown Sugar, Salt, Hydrolyzed Soy, Corn and Wheat Protein, Wheat Flour, Dextrose, Sugar, Yeast Extract, Garlic Powder, Maltodextrin, Soy Lecithin, Onion Powder; with Soybean Oil and Silicon Dioxide [as processing aids]), Celery, Tomato Paste, Green Bell Peppers, Modified Corn Starch, Dehydrated Onion, Salt, Beef Fat Type Flavor (Beef Fat and Natural Flavor). **Contains: Soy, Wheat**

BROCCOLI & CHEDDAR Water, Broccoli, Process Cheese Base (American Cheese [Cultured Milk, Salt, Enzymes], Whey, Cream, Sodium Phosphate, Salt, Lactic Acid, Color [Paprika & Annatto]), Modified Corn Starch, Carrots, Whipping Cream (Cream, Milk), Seasoning (Corn Syrup Solids, Sugar, Sodium Tripolyphosphate, Garlic Powder, Onion Powder, Cheddar Cheese Powder [Cultured Milk, Salt, Enzymes], Yeast Extract, Modified Corn Starch, Maltodextrin, Salt, Spice, Calcium Silicate, Natural Flavor, Sodium Phosphate), Skim Milk (Vitamin A Palmitate and Vitamin D3 added), Dry Cream (Whole Milk, Cream), Sea Salt, Cheddar Cheese Ingredient (Cheddar, Granular, Semi-Soft and Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Salted Butter (Cream, Salt), Soybean Oil, Natural Flavor. **Contains: Milk**

CHICKEN NOODLE: Water, Fully Cooked Seasoned Chicken Pieces (Chicken Breast with Rib Meat, Chicken Thigh Meat, Water, Rice Starch, Salt), Carrots, Noodles

(Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Green Cabbage, Celery, Seasoning (Corn Starch, Sugar, Spice, Xanthan Gum, Guar Gum, Turmeric Extractives [for color]), Wheat Flour, Chicken Stock Plus (Chicken Stock, Flavor), Unsalted Butter (Cream, Natural Flavors), Sea Salt, Chicken Flavor Concentrate (Chicken, Yeast Extract, Salt, Flavoring), Parsley, Umami Flavor (Umami and Natural Flavors), Green Onion Flavor (Green Onion, Natural Flavors and Mixed Tocopherols), Tomato Flavor (Tomato and Natural Flavor).
Contains: Egg, Milk, Wheat

LOADED BAKED POTATO WITH BACON Water, Potatoes (Potatoes, Sodium Acid Pyrophosphate [to maintain natural color]), Whole Milk (Milk, Vitamin D3), Whipping Cream (Cream, Milk), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Onions, Seasoning (Modified Corn Starch, Salt, Wheat Flour, Sugar, Flavor [Yeast Extract, Canola Oil], Whey, Flavor [Medium Chain Triglycerides, Natural Flavor, Smoke Flavor], Spice, Soybean Oil [processing aid]), Bacon Topping (Bacon [Cured With Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May Also Contain Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate]), Green Onions, Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [Added to Prevent Caking], Salt), Canola Oil, Chicken Stock Plus (Chicken Stock, Flavor), Cheese (Parmesan Type) (Granular and Parmesan Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Salt, Lactic Acid, Citric Acid), Pepper Sauce (Distilled Vinegar, Red Pepper, Salt). **Contains Milk and Wheat**